

Activities in King's Cross and Holborn Children's Centre Services

July/August 2009

Monday	Coram's Fields	Holborn Library	Friday	Local Drop-ins are run by qualified Early Years workers.
<p>Bedford House Baby Gym U2's between 10:00am-12:00pm</p> <p>Calthorpe Project Arts and Crafts between 10:30am-4:30pm</p> <p>Coram Parents Centre Stay and Play Session between 9:30am-12:00pm</p> <p>Cook and Eat Session between 10:00am-12:00pm</p> <p>Coram's Fields Peacocks U3's between 10:00am-12:00pm</p> <p>Drop-in U5's between 1:00-4:00pm (Closed from 17/08-31/08)</p> <p>Holborn Library Rhyme Time U5's between 11:00am-12:00pm</p>	<p>Peacocks U3's between 10:00am-12:00pm Drop-in U5's between 1:00-4:00pm (Closed from 17/08-31/08)</p> <p>Drill Hall Drop-in between 10:30am-4:30pm (Closed from 28/07 to 08/09)</p>	<p>Baby Bounce Rhyme Time U2's between 11:00am-12:00pm</p>	<p>1a Children's Centre Drop-in between 1:00pm-3:00pm (Closed from 17/07/09)</p> <p>Argyle Primary School Drop-in between 9:00-10:30am</p> <p>Bedford House Messy Play between 10:00am-12:00pm</p> <p>Coram Parents Centre Stay and Play Session between 9:30am-12:00pm Baby Play (under 15 months) between 10:0am-12:00pm Soft Play Session between 11:00am-11:45am Young Parents Drop-in between 12:00-2:00pm</p> <p>Coram's Fields Peacocks U3's between 10:00am-12:00pm Drop-in U5's between 1:00-4:00pm (Closed from 17/08-31/08)</p>	<p>1a Children's Centre 1a Rosebery Avenue London EC1R 4SR Phone: 020 7974 7024</p> <p>Argyle Primary School Tonbridge Street London WC1H 9EG Phone: 020 7837 4590</p> <p>Bedford House Community Centre 35 Emerald Street London WC1N 3QL Phone: 020 7405 2370</p> <p>Calthorpe Project 258-274 Grays Inn Road London WC1X 8LH Phone: 020 7837 8019</p> <p>Coram Parents Centre 49 Mecklenburgh Square London WC1N 2QA Phone: 020 7520 0300</p> <p>Coram's Fields 93 Guilford Street London WC1N 1DN Phone: 020 7837 6138</p> <p>Dragon Hall 17 Stukeley Street WC2B 5LT Tel: 020 7404 7274</p>
Tuesday	Wednesday	Thursday	Saturday	Local Drop-ins are run by qualified Early Years workers.
<p>1a Children's Centre Drop-in between 9:30-11:30am (Closed from 17/07/09)</p> <p>Bedford House Baby Gym U5's between 10:00am-12:00pm</p> <p>Calthorpe Project Drop-in between 10:30am-3:30pm</p> <p>Coram Parents Centre Stay and Play Session between 9:30am-12:00pm</p> <p>Somali Drop-in between 10:00am-12:00pm (contact Farhiya Elmi, 020 7812 1445)</p>	<p>1a Children's Centre Child Health Clinic 10:30am - 12:00pm Drop-in including immunisations with the HV</p> <p>Antenatal Clinic 1:00pm-3:45pm</p> <p>Baby Massage 1:30pm-3:00pm</p> <p>Postnatal Exercise Classes 4:00pm-5:00pm</p> <p>Antenatal Exercise Classes 5:00pm-6:00pm</p> <p>Bedford House Messy Play between 10:00am-12:00pm</p> <p>Calthorpe Project Drop-in between 10:30am-4:30pm</p> <p>Gardening between 11:00am-12:00noon</p> <p>Coram Parents Centre Stay and Play Session with a Father Friendly welcome between 4.00pm-6.00pm</p> <p>Coram's Fields Peacocks U3's between 10:00am-12:00pm</p> <p>Drop-in U5's between 1:00-4:00pm (Closed from 17/08-31/08)</p>	<p>1a Children's Centre Breastfeeding Support Drop-in between 11:00am-1:00pm</p> <p>Argyle Primary School Drop-in between 2:00-3:30pm</p> <p>Bedford House Baby Gym U5's between 10:00am-12:00pm</p> <p>Coram Parents Centre Amazing tots Stay and Play Session for Children with Disabilities held at KIDS London on Coram Campus between 10:00-12:00pm (call Margaret/Gail on 020 7520 0311)</p> <p>Bengali Drop-in between 1:00-3:00pm</p> <p>Coram's Fields Peacocks U3's between 10:00am-12:00pm</p> <p>Drop-in U5's between 1:00-4:00pm (Closed from 17/08-31/08)</p> <p>Dragon Hall Drop-in between 10:00am-4:00pm (Closed in August)</p> <p>St. Pancras Library Baby Bounce Rhyme Time between 10:30-11:30am (Term time only)</p>	<p>Bedford House Baby Gym U5's between 3:00pm-5:00pm</p> <p>Calthorpe Project Shopping Crèche between 10:30am-1:30pm Drop-in between 1:30pm-6:00pm</p> <p>Coram's Fields Colonnades U5's Drop-in between 11:00am-1:00pm (Closed from 17/08-31/08)</p> <p>St. Pancras Library Saturday Once a month (04/06) Family Rhyme Time 10:30am-11:30</p>	<p>Drill Hall 16 Chenies Street London WC1E 7EX Phone: 020 7307 5060</p> <p>Holborn Library 32-38 Theobalds Road London WC1X 8PA Phone: 020 7974 6345</p> <p>St Pancras Library Camden Town Hall Extension Argyle Street London WC1H 8NN Phone: 020 7974 5833</p> <p>All details listed in this leaflet were correct at the time of going to print (June 2009) – details may change. Freephone: 0800 731 0232</p>